

**Inside this issue:**

|                        |          |
|------------------------|----------|
| Quartermaster's Update | <b>2</b> |
| Spaghetti Fundraiser   | <b>3</b> |
| Convention Recap       | <b>4</b> |
| Essays Due Oct. 31     | <b>5</b> |
| SeafoodFest            | <b>6</b> |
| Around the Post        | <b>7</b> |
| Event Calendar         | <b>8</b> |

## From the Commander



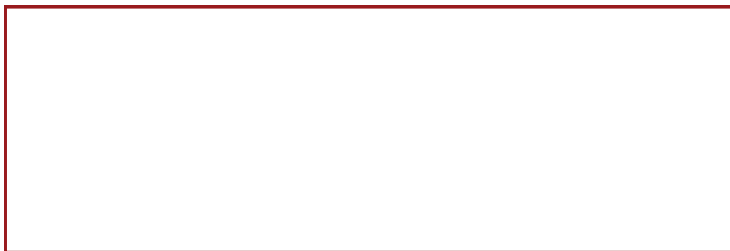
Fall is here, which means big plans are brewing for Post 3063! Our big event – the annual Spaghetti Dinner and Fundraiser – is scheduled Oct. 22. See more details in the newsletter and please consider attending, especially if you're new to the post. It's a fun way to feel camaraderie and eat good food while raising money for our Veterans Relief Fund. Every year we allocate thousands of dollars from the fund to help everyone from individual veterans in need to nonprofits like the Fisher House.

For November we have more events on the calendar that require us to literally roll up our sleeves and pitch in. For Veterans Day on Nov. 11, we'll be hosting a blood drive at the post. Bloodworks NW has 34 spots so lets get them filled! That day we're also planning a community paint day for our mural. It's going to be a big, bold and bright mural so passersby can't inadvertently ignore us much longer. Be on the lookout for more details about the mural and other Veterans Day-related events in the November newsletter.

Lastly, you should have recently received a letter from the Post 3063 Auxiliary President, Sean Peat, imploring post members to ask friends and relatives if they would join the auxiliary. They have a handful of motivated members but desperately need more or else it will fold. We want the auxiliary to stay put so please help! Want to know more? Contact Sean at [auxiliary@vfwseattle.org](mailto:auxiliary@vfwseattle.org).

Yours in comradeship,  
Aly Teeter, Commander

*We're on the web and Facebook! [vfwseattle.org](http://vfwseattle.org) | [facebook.com/vfwpost3063](https://facebook.com/vfwpost3063)*



**ADDRESS SERVICE REQUESTED**

**Ballard Eagleson Patriot**  
VFW Post 3063  
2812 NW Market St.  
Seattle, WA 98107  
206-782-8618

The **Ballard Eagleson Patriot** is published by the newsletter editor for Post 3063, Seattle, WA. This official newsletter is an authorized publication for members of Post 3063. Editorial content is edited, prepared, and provided by the newsletter editor. Its contents are not necessarily the official views of, or endorsed by, the VFW.

This newsletter is published quarterly and submissions must be received by the editor five days before the last day of a quarter for inclusion in the next quarter's issue. We reserve the right to edit submitted articles for timeliness, clarity, and syntax. Be aware that newsletter images and/or text appearing on the website may be shared by readers.

Commander: Alyson Teeter  
Sr. Vice Commander: Mark English  
Jr. Vice Commander: Bill Griffith  
Quartermaster: Harold Rodenberger  
Adjutant: Shennae Curtis  
Judge Advocate: Dan Stokke  
Chaplain: Joe Fitzgerald  
Surgeon: Robert Lehman  
Officer of the Day: Jesse Basher  
3-Year Trustee: John Ellingboe  
2-Year Trustee: Aaron Stoltz  
1-Year Trustee: Joe Tiffany  
Service Officer: Joseph Mesa  
Guard: Jesse Basher  
Newsletter Editor: Alyson Teeter

**Contact Us:**

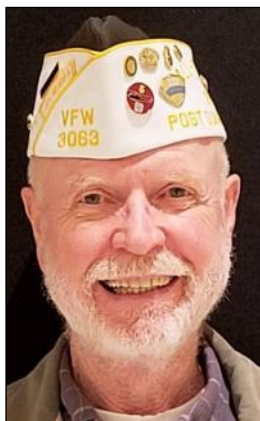
Ballard Eagleson VFW Post 3063  
2812 NW Market St.  
Seattle, WA 98107  
206-782-8618  
[editor@vfwseattle.org](mailto:editor@vfwseattle.org)

**We're on the web and Facebook!**

[vfwseattle.org](http://vfwseattle.org)  
[facebook.com/vfwpost3063](https://facebook.com/vfwpost3063)

## Quartermaster's Update

*By Harold Rodenberger*



In case you haven't heard, we are doing business meetings and socials in person. We also have a Zoom option for business meetings and a takeout option for the social dinner. Come join us for

either or both and enjoy socializing with your fellow members.

Our big Spaghetti Fundraiser for the year is coming on the 22nd of October. We need prizes and we especially need attendees to bid on those prizes. Tickets are available at the office and online at the BiddingOwl site. We also need volunteers to sell tickets. If you can, please buy your tickets at the office or from one of the officers and we'll save the approximately 5% commission for the online purchase.

We had a successful shredder event in August. If you missed out, have more to shred, or have friends who would like to have their documents securely shredded, please let me know and we'll schedule another shredder truck visit later in the fall or early winter.

If you've been to one of our December socials, I'm sure you remember Santa and her Elf. Our Elf is still with us, but long-

time Santa, Ann Leake, moved on to Santa Heaven earlier this year. If you (or someone you know) has a knack for playing Santa, please contact Commander Aly or me and we'll hook you up with Rudolf in preparation for our Holiday Party in December.

Next month on Veterans Day, Nov. 11, our post is hosting a team from Blood-WorksNW for a blood donation event. The blood bank desperately needs blood, so, if you are eligible to give, please sign up for this event and gain the satisfaction of knowing that your blood may save a life.

Nov. 11 also brings our community paint day to add a dramatic mural to the front of our building. We need painters, helpers and cheerleaders. More details will be available as the date gets closer.

Our membership is down this year. We had more deaths than usual last year and our annual-member renewal rate is down. If you need financial help renewing your membership, please reach out to me. If you're an annual member, come to our business meeting to qualify for a free life membership. After you attend two meetings, you are eligible for the drawing for that free life membership. Also, it's very important to recruit new members. Please make it your practice to carry a membership application and ask people if they are veterans. Many haven't served, but others have and are willing to join if asked.

**Electronics handyperson wanted.** We're in the process of upgrading our post security camera system. If you have expertise in this area, please consider volunteering to help us install a good security system. Contact Harold at [quartermaster@vfwseattle.org](mailto:quartermaster@vfwseattle.org) or call 206-972-2135.

## Support our Veterans Relief Fund: Attend the Oct. 22 Fundraiser!

In case you missed it, our annual Spaghetti Dinner and Fundraiser is Saturday, Oct. 22, 2022. Tickets are available to purchase online at our Bidding Owl site at [tinyurl.com/x8um3cjc](https://tinyurl.com/x8um3cjc) or at the post during business hours. We will also host an online auction from noon Friday, Oct. 21 to 8 p.m. Sunday, Oct. 23. The money raised will go to the VFW Post 3063 Relief Fund. For more information about our fundraising efforts, go to [vfwseattle.org](https://vfwseattle.org).

A poster for a spaghetti dinner fundraiser. The background is a dark, textured surface. In the top left, there's an illustration of a knife, a cutting board with a red chili pepper, and other peppers. In the top right, a plate of spaghetti with meat sauce. In the bottom left, another plate of spaghetti with meat sauce. In the bottom center, a red bowl. The text is centered and reads: "Spaghetti Dinner and Fundraiser" in a yellow script font. Below that, a yellow brushstroke contains the text "October 22, 2022" and "5:30 doors open, 6:30 dinner" in red. Below that, "Ballard VFW Post 3063" in a white script font. Then "Tickets \$20" in a yellow bold font. Below that, "Proceeds support the Post 3063 Relief Fund." in a yellow font. A QR code is in the bottom center, with "vfwseattle.org" below it. The VFW logo is in the bottom right corner.

**Spaghetti Dinner  
and Fundraiser**

**October 22, 2022**  
5:30 doors open, 6:30 dinner

**Ballard VFW  
Post 3063**

**Tickets \$20**

Proceeds support the Post 3063 Relief Fund.

  
vfwseattle.org

**VFW**  
NO ONE DOES MORE FOR VETERANS.



## Post Commander's 123rd VFW National Convention Recap

By Alyson Teeter

Greetings! I'm writing this recap on a ~90-degree day, which brings me back to my recent experience in another hot location: Kansas City, Missouri. In late July, Comrades Fitzgerald, Rodenberger and I attended the 123rd VFW National Convention in Kansas City.

It was my first time attending and it was an interesting experience... We witnessed the national-level parliamentary process, met comrades from all over the country, and attended a couple workshops on fundraising and parliamentary procedures (did you know we're supposed to say "No" not "Nay"?!).

We also heard from engaging guest speakers, like Gen. (ret.) Martin Dempsey, Secretary of the VA Denis McDonough, and celebrity and veteran advocate Jon Stewart. My favorite speaker was quadruple amputee, Travis Mills. He brought a wicked sense of humor to his speech – I was laughing one minute and crying the next – and we walked away truly inspired!

Our newly elected Commander-in-Chief of the Veterans of Foreign Wars, Timothy Borland, addressed the audience as the last convention speaker and here are a few juicy quotes I wrote down:

"Every veteran counts."

"It's time to pass the torch but remember who is passing the torch."

"Recruit, retain and lead from the front."

Comrade Chief Borland acknowledged that our organization is struggling because the horsepower behind the operations – Vietnam Veterans – are aging. Younger members have busy lives. I met fellow post commanders from Washington State who served Post-9/11 and we're all grappling with the same issue: how do we activate our membership to do more for veterans?

I don't have a fancy motto but one point I'll continue to hammer home is that if we all pitch in a little, we can fulfill the VFW motto, "No One Does More for Veterans." So on that note, if you're a member, show up and join our Post 3063 team!



Comrades Junior Past Post Commander Joe Fitzgerald and Quartermaster Harold Rodenberger pause for a selfie in the VFW Convention resource hall, which is where you could find information about all sorts of things from VA programs to skin care! There was also a VFW store on site, which was a good opportunity for Comrade Teeter to pick up some swag. The second picture shows the parade of departments at the closing of the convention.

## Tell Your Neighbors, Family and Friends about Youth Essays

It's that time of year where the VFW reaches out to local schools and asks children to write patriotic-themed essays. This year the Post 3063 and auxiliary leadership contacted local schools and scouting troops to publicize the opportunity for students, so hopefully we'll receive more entries this year. But we also ask that our membership spreads the word to their networks as well.

High school students can enter the Voice of Democracy contest. In this program you write your response to the question of the year, record your oration presenting those thoughts, then enter our contest to win cash prizes.

Middle school students can enter the Patriot's Pen contest. This program is in the form of a written response to the question. It's submitted to our post and winners progress up the ladder to big prizes.



Elementary students in grades 3, 4 & 5 are encouraged to enter the special Youth Essay program run by the Washington Department, Veterans of Foreign Wars. This program is also a written response to the question of the year.

All of the essay rules and entry forms are linked at [vfwseattle.org/index.php/about-post-3063/programs/](http://vfwseattle.org/index.php/about-post-3063/programs/).

Entries are due to the post by October 31, 2022!

If you're interested in helping with the essay judging, contact [commander@vfwseattle.org](mailto:commander@vfwseattle.org).

The poster features a background of the American flag. In the top left corner is the Lynnwood Washington logo. In the top right corner is a graphic of silhouettes of veterans saluting, with the text "LYNNWOOD, WA - HEROES' CAFE" and "VETERANS HELPING VETERANS" below it. A large white box with a blue border contains the following text:

**You are cordially invited to the Heroes' Cafe**

**Where:** Heroes' Cafe, 6519 188th St SW, Lynnwood, WA 98037

**Cost:** Free coffee, pastries, and lunch

**When:** 4<sup>th</sup> Tuesday of Each Month

**Time:** Between 9:00am and 1:00pm; lunch served from 11-1215

**What:** Heroes' Cafe, a partnership with the City of Lynnwood Veteran Services, meets informally on a monthly basis for all veterans and families to focus on camaraderie, personal safety, fostering positive outreach, healthy interactions, and welfare within our neighboring communities.



## Post Volunteers Turn Out for Ballard SeafoodFest Outreach

VFW Post 3063 and Auxiliary members represented the post at a booth during the Ballard SeafoodFest July 16-17. Members offered Buddy Poppies, membership information, and VA resources to festival attendees. If you want to volunteer at events like this or spearhead a buddy poppy drive, contact Aly at [commander@vfwseattle.org](mailto:commander@vfwseattle.org).



## Sunshine and Camaraderie at the Annual Post Picnic



It was a beautiful day for a Post 3063 picnic at Lake Serene on Aug. 20! Thank you to the Seeligs for hosting and congrats to our ladder ball and corn hole tournament winners: Harold (twice!), Joe K. and Aly.

## Around the Post

### Welcome to Post 3063, New Members!

**Anthony Greenman**  
Army, Afghanistan

**Jordan Teeny**  
Air Force, Afghanistan



**Comrade Erwin Boyer**, age 87, of Edmonds, passed away on September 24, 2022. He served in the Marine Corps in Korea and Army in Vietnam. At our next business meeting, the post charter will be draped with a black cloth for 30 days in his honor. Rest in peace, comrade.



Above: Comrade Commander Teeter received the Department of Washington's Veteran of the Year award at the post's July business meeting. Junior Past Commander Chad Hassebroek presented her with the award since she missed receiving it at the department's convention in June. Congratulations!

Left: A woman from South Carolina called the office late last summer with a request for help disposing of her uncle's ashes. She said she was the only next of kin and her uncle had wanted to have his ashes scattered in Puget Sound where he had worked in the ferry system and held other jobs associated with the salt water. Comrade Quartermaster Rodenberger told her that our honor guard could help so she sent the ashes along with a monetary donation to our post. By the time the package arrived, it was into our winter weather pattern, so we couldn't carry out our promise until this summer. Joe Fitzgerald and Dan Stokke coordinated a date when both would be in town, Bill Griffith joined the expedition, and the task was successfully carried out in August. Kudos to our Post 3063 Honor Guard for carrying out this last request!



## Upcoming Post 3063 Events

**October 6, 2022, 7 p.m. - VFW Post 3063 Business Meeting.** In person at the post and via Zoom. <https://us02web.zoom.us/j/5057012075?pwd=K1ppc3RCNHRaYkhyNjFhb0w2dkdlQT09>

Meeting ID: 505 701 2075, Password: Ballard306

By Phone: 253-215-8782, Password: 064533

**October 22, 2022 - Annual Spaghetti Dinner and Fundraiser**

**November 3, 2022 - VFW Post 3063 Business Meeting**

**November 10, 2022 - Seattle Civic Band Veterans Day Concert at Post 3063**

**November 11, 2022**

- Bloodworks NW Blood Drive at Post 3063
- Mural Community Paint Day
- Veterans Day Dinner at the Ballard Elks

**November 16, 2022 - VFW Post 3063 Monthly Social \* VETERANS THEMED,**  
wear something from your service!



*Ballard Eagleson VFW Post 3063 is located in the Ballard neighborhood of Seattle at 2812 NW Market St.*

## **VETERAN'S BLOOD DRIVE**

### **Ballard Eagleson VFW Post 3063**

2812 NW Market St, Seattle, WA 98107

**Friday, November 11**  
**9:00am to 3:00pm**

**Book your one hour appointment today by scanning the QR code**



**Appointments and masks required. There is no deferral from donating if you receive the COVID vaccine.**

Book your appointment at [bloodworksnw.org](https://bloodworksnw.org)

@bloodworksnw   

 **Bloodworks**  
Northwest